



IES Grant #
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New Response Strategy

Give choices of demands



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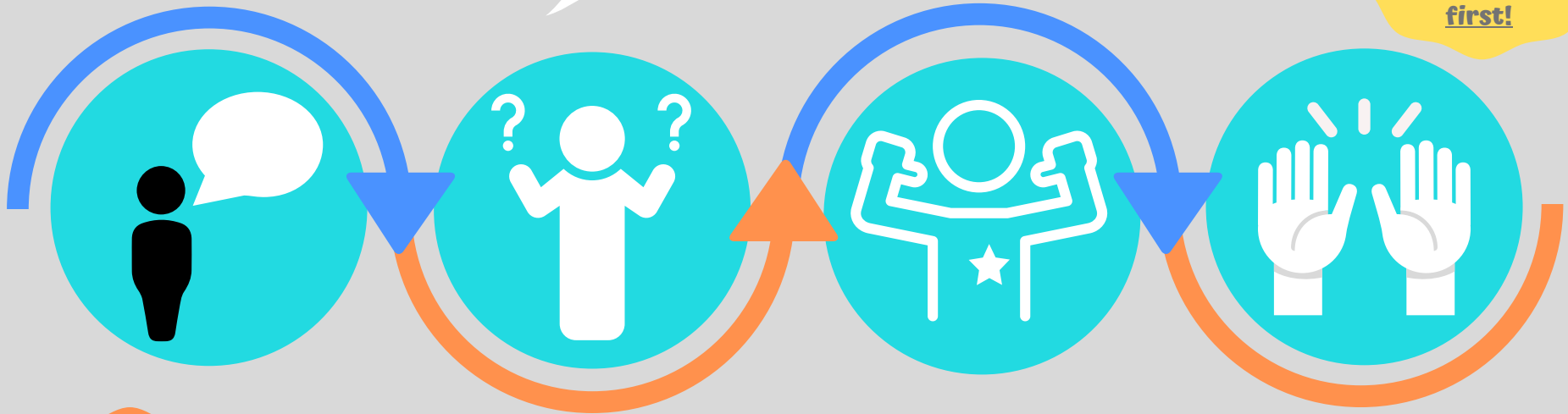
Allowing your child to choose how they complete a task, or what kind of task they complete, lets them exercise some independence - while still following your directions!

Phrase the start of a demand or task as a **statement** rather than a question (ex: "Time for bed" instead of "Ready for bed?")

"It's time to get dressed, do you want to put on shirt or socks first?"

After your child makes a choice, give **positive feedback** for choosing and honor their choice.

For multi-step tasks (ex: bedtime), you can also provide choices of **which step to complete first!**



Avoid giving attention to challenging behaviors when they happen!

Provide your child with choices for **how** to complete the task (ex: Should we hop or crawl to the bedroom? Do you want to take a toy or a book with you?)

Provide lots of **positive descriptive feedback** and attention when your child completes the task!

For more information about responding to your child's challenging behaviors, [click here](#).

